

## March 2014 Issue No.29

Copies are available for downloading from our website

### NOTE FROM THE PROGRAM DIRECTOR

Welcome to our Autumn Edition.

2014 is off to a good start as far as the centre is concerned, I wish I can say the same for our state, both the heat and fires caused all sorts of problems with the environment, traffic and our health too! We can only hope that there will be more stable weather here in Australia and all over the world too.

For the John Macrae Centre world to improve we seek feedback from our members and carers via the yearly survey. Some of you have already responded, we thank you for that. If you haven't already done so could you please take a few minutes to complete and return the survey? If you have misplaced it or not received the survey please let the staff know. Your feedback, suggestions and comments are invited and always welcome. At this time of the year we also update all our files to ensure that information is current. This will either be done in person or via phone. Please be assured that as per the Privacy Act your privacy will be maintained and protected.

Speaking about protection, Fire safety training and fire drills were held and electrical equipment has been checked and tagged. The watering system has now been fitted and set up in our garden so if we have any more hot days the garden will be safe.

Over the last three months we celebrated a 100<sup>th</sup> birthday of a Thursday member, International Volunteers Day, Christmas with five special lunches and

concerts. After a short break we celebrated New Year's Day and Australia Day with more concerts and food. For Valentine's Day we enjoyed homemade chocolate treats. A reminiscence session was facilitated by staff from Museum Victoria Outreach Program who brought along their washing day collection. Items included soaps, apron, washing basket, copper and pegs. A Thursday program member John Baldwin presented a talk on the French Revolution and an arm chair travel session on Europe was presented by Mady Szabo. Two year nine students from St Kevin's commenced their weekly community service visits in February.

We have lots of interesting things planned over autumn including a big art project that we need thousands of plastic bottle tops for, so please help us collect them. Any shape color or size will be accepted. There will also be activities around Shrove Tuesday, Moomba, St Patricks Day, Easter Celebrations, Anzac Day and Mother's Day.

On the 1<sup>st</sup> of May we will be holding our yearly Open Day; if you would like to invite your family, friends or professional people in your life please feel free to do so.

All in all the next three months promise to be full of interesting and fun things to do as well as lots of delicious lunches and music to enjoy.

Katrina Szabo



## **Dates for your diary**



The centre will be **closed** on  
**Monday 10<sup>th</sup> March** for Labour Day  
**Friday 18<sup>th</sup> April** for Good Friday  
**Monday 21<sup>st</sup> April** for Easter Monday.  
**Friday 25<sup>th</sup> April** Anzac Day

## **Update from the Board of Governance.**

Autumn, it seems only yesterday we were compiling the news for the summer edition. We trust everyone came through the hot days unscathed.



What is there to report?

We have almost finished the garden renovations just the water feature and the new watering system to be installed which should prevent the loss of plants during the extremes of temperature during the hot summer days.

The Committee have started planning our functions for this year and we intend to have a Lunch midyear and perhaps a writer to talk about their book in Spring.

Our first thank you function for all volunteers and sponsors of our Centre was held on International Volunteers Day 5th December 2013. We had a nice afternoon of convivial refreshments and hope to continue this for many years to come.

Just as a plug, Katrina needs more volunteers, so if you have any time to spare please give her a call. We are always grateful for your support of the Centre, the centre members do enjoy your contributions. Keep well and enjoy the cooler weather.  
Netta



**We are COLLECTING Plastic bottle tops**

*Would our readers kindly save plastic*

*bottle tops and drop them in to the centre. They are being collected for a major craft activity to help decorate the garden. Thanks in advance.*

## *Introducing one of our members*



### ***John Veale***

I grew up in Prahran and went to Windsor State School and Prahran Tech. My first job after I left school was as a forklift driver and later a truck driver which I loved.

My earliest memory is of my sisters and brothers taking me to Brighton beach for a swim. My favourite food is a roast and I love visiting the Botanical Gardens. I am a great cricket and football fan. I wish I had travelled more and regret not being able to visit Honolulu.

### **Wanted – Arm Chair presenter**

If you have been to **Honolulu** and would like to present an Arm Chair Travel session we'd love to book you in for a Friday afternoon. Call 98290320 to confirm date and time.

### **CARERS MEETING-**

Our first carers meeting for the year was on February 19<sup>th</sup>. It was an open forum attended by 9 carers and 1 board member. The carers shared some of their joys and concerns. The feedback was positive.

**Our next meeting will be on Wednesday 14<sup>th</sup> May 2014. Topic to be announced, invitations will be sent out closer to the date.**

If you do not get the invitations and would like to be on our list please don't hesitate to let the staff at JMC know.

**Classifieds**

**OPEN DAY**

May 1<sup>st</sup> 2014

From 3:30 to 5:30

Come along and meet some of the staff, Board of Governance and Volunteers. Take a tour around the centre, see what we get up to, and enjoy the afternoon tea.

RSVP 98290320 by 29/4/14

***Wanted***

Volunteers are needed to help with jockeying for one hour on one or more of the following:-

On a Tuesday afternoon, from 3pm Wednesday morning from 9:30am, Friday morning from 10 am and afternoon from 3pm.

Help for two hours at lunch time on a Thursday from 12noon until 2pm ( lunch is included)

Call Katrina on 98290320 if you are interested



*Some of the items from the museum*

**Wishing all mothers and grandmothers a very happy and special day for Mother's day and always.**



**Program Themes for Autumn-**

**March**

Shrove Tuesday

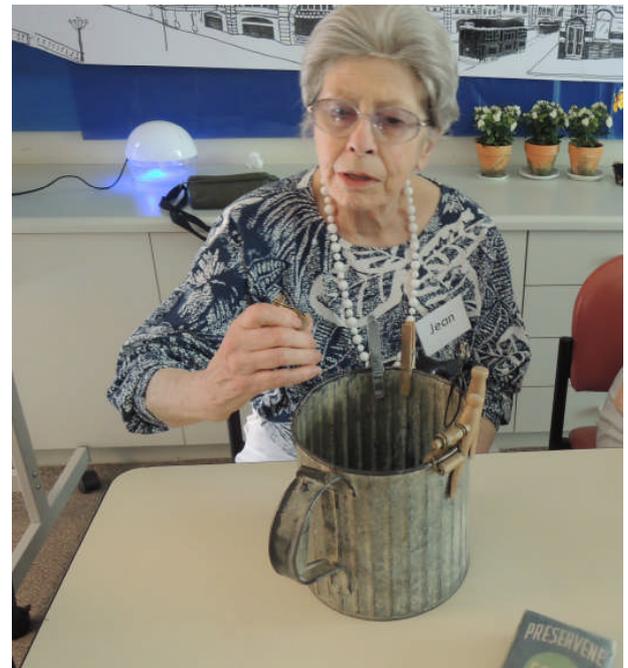
St Patricks

Moomba

The Grand Prix

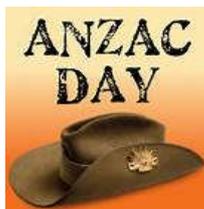


day



*Jean with wooden pegs and a huge cup*

**April**



**Easter**



**May**



*Mother's Day*



*Christalla holding an old iron*



**Autumn competition**

How many Words can you get out of  
 “Happy two thousand and fourteen.”

**Riddles to keep you guessing....**

1. Why did the skeleton run up the tree?
2. What makes a tree noisy?
3. Why was the football team given a lighter?

**Summer edition Riddles -answers**

1. I am taken from a mine, and shut up in a wooden case, from which I am never released, and yet I am used by almost everybody. What am I? **Pencil**
2. You will find it once in summer and twice in Autumn. What is it? **“U”**
3. What goes round and round the wood but never goes into the wood? **Bark of a tree**



100<sup>th</sup> Birthday Party



Christmas lunch

**Donations can now be made by credit card**

Donations to the John Macrae Centre can now be made through Share Community Appeal by completing and sending the following:-

Please accept my gift of \$ \_\_\_\_\_

Please find enclosed my cheque/ money order made payable to SHARE,

Please debit my credit card:

MasterCard  Visa  Amex

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Expiry date: \_\_/\_\_/\_\_

Care holder’s name \_\_\_\_\_

Card holder’s signature \_\_\_\_\_

Please send my tax-deductable receipt to the following address:

Name \_\_\_\_\_

Street \_\_\_\_\_

Suburb \_\_\_\_\_ State \_\_\_\_ PostCode \_\_\_\_\_

My gift is earmarked to:

John Macrae Centre

Post your donation to:

Share Community Appeal

PO Box 24154

Melbourne Vic 3001

or you can donate on line

<https://secure.donman.net.au/client/shareappeal/Donate.aspx?InitialArea=2&InitialCampaign=JMCC>



OR Cut here ✂ -----

--I would like to support John Macrae Centre by donating \$.....

Name:.....

Address:.....

.....

Post to: John Macrae Centre,

603 Toorak Road, Toorak Vic 3142, or you

could Direct Debit to:

Bendigo Bank Account

BSB-633000 Account 147521801

If you EFT -Please email us with your donation details including you address so that we can send you a receipt.

All donations over \$2 are tax deductible