



UnitingCare

John Macrae Centre News

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**Copies are available for downloading
from our website**



NOTE FROM THE PROGRAM DIRECTOR

Welcome to our Winter Edition.

Autumn brought with it some very mild weather along with lots of beautiful colours for us to enjoy. The silver birch and ornamental grape have lost most of their leaves which ended up with very happy worms in the compost bin or in the garden. We put some of the leaves back onto the garden beds because it makes a good mulch as well as protection from the forthcoming winter cold.

Here is a recap of things we did in autumn. We celebrated lots of birthdays, Easter, St Patricks Day, Anzac Day and Mother's Day. A Floral Arranging session with our lovely volunteer Virginia was offered to our very enthusiastic Thursday program members. Museum Victoria had us handling fossils and learning some interesting facts about Dinosaurs. Each program day was entertained by some talented musicians including Peter Sullivan and Max Bleach (I am sure some of you may remember them from the variety programs on TV).

More music is planned for the next three months. Our Mid-winter parties in July are always enjoyable and the entertainers will most certainly get us up and dancing. There is a bit of friendly rivalry with the games played and some of the craft activities can be challenging. Currently all the groups are working on the decorations for our Spring Dance in September.

Speaking of the Spring Dance, please pencil in the **23rd of September** as this year's dance promises to be just a good if not better than last year. We are also calling for donations

for the raffle prizes. If you have unopened goodies; e.g. wine or chocolates or unused items that we could offer as prizes we would be most grateful. The dance is to raise awareness of our centre and the service we provide to the community.

With thanks to our wonderful supporters we have purchased a huge cantilever umbrella which is now a permanent fixture in the front garden.

An application to the Federal and state governments was made for some growth funding, I am happy to report that we have been successful, with that came a little surprise. We have received enough money to purchase and fit a hoist into our bus which will make it easier for some of our members to get on and off.

Another event of note is our Board run Christmas in July fundraising Lunch with guest speaker. Your support with this event will be very welcome.



(see flyer for further details).

On a final note, may I say that I am looking forward to my six weeks holiday starting on the 27th of July. I will be visiting my mother in Serbia and sightseeing in Hungary and Transylvania with my husband. Will be showing lots of photos when I get back.

Keep warm while I keep cool.

Katrina Szabo



Museum Victoria visit with dinosaurs collection

Update from the Board of Governance.



The year seems to be speeding along. It does not seem 3 months have gone by since we penned the Autumn Committee of Governance report.

Well, what have we been up to, and what has occupied our discussions?

Mainly planning, we have revisited our Strategic Plan, reviewed our goals and plans, then modified them in line with the requirements of Uniting Care and HACCC accreditation standards and plan our 2014/15 budget.

As always, at our meetings we consider the needs of the members and of the staff who facilitate the programs during these discussions. Katrina requested us to consider expanding the size of the centre by converting the garage into an activities room which would enhance the delivery of the arts and craft program. We are at present looking for a builder to give us an approximate cost of such an undertaking. We already have a quote of \$30,000.

One of the main functions of the board is to fund raise, so in line with this

goal we are hosting a Lunch,

"CHRISTMAS IN JULY" on

Sunday 13th July at the JMC

with the guest speaker Chair of the TUC Church Council, Prof Gary Brown.

All monies raised is going towards our garage conversion fund, so please come and enjoy our culinary offerings-and entertaining speaker, and most importantly, support our centre.

To all our supporters ,volunteers and friends, Keep warm and well during the winter months.

Netta



The only way to keep your health is to eat what you don't want, drink what you don't like, and do what you'd rather not. –

Mark Twain



Dates for your diary

The centre will be **closed** on **Monday 9th June** for Queen's Birthday



CARERS MEETING – May 14th

Carer Respite Centre staff member Biata facilitated the meeting and the discussion around types of respite and access. The carers shared some of their experiences and concerns. I reminded everyone that we can provide extended hours and extra days if and when needed.

Show bags were handed out and are available at the centre. The bags contain up to date information, please feel free to pick one up the next time you call in.

Netta, the Chair of the JMC board, was available for carers to share any of their concerns or provide feedback about the experience at JMC .

The carers found the session very informative, and would like to encourage you to come along to the next meeting as they are usually well worth the effort and time, the company and afternoon tea are enjoyable as well.

The next Carer meeting will be on Wednesday 13th August 2014.

details to follow



Trying out our new umbrella.

Introducing one of our members

Frank Alfonso



“I was born in India and my earliest memory is of starting school and looking after my younger brother .I found it very hard to learn English at school and speak the Indian language at home. My happiest moment was getting my first job in Australia as a storeman. I found it amusing

communicating with co-workers as it was very different in India. I am very passionate about working and everyday learning. My favourite gadget s the radio and I like listening to music and reading detective stories. I don't like to cook, however I like to help to prepare food and of course to eat it! I wish I could go on a holiday anywhere including India. I would have liked to have learnt Italian and become a priest and provided forgiveness for everyone!”



Frank enjoys helping out around JMC

Program Themes

JUNE



Queen's Birthday

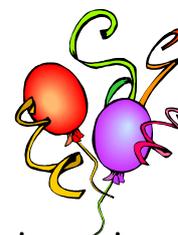


Happy 88th
Birthday

JULY



Winter Parties



winterwinterwinterwinterwinterwinterwinter

Volunteers Wanted

If you are looking for volunteer work please give us a call as we could do with some help.

Vacancy

Kitchen Hand-

Mondays from 12:00 to 2:30

Jockeys-

Tuesday from 3 to 4pm, Wednesday 9:30 to 10:30 and 3:30 to 4:30, Friday 10 to 11 and 3 to 4.

Relievers needed from Monday to Friday for both.

We could also do with volunteers to help with cards on Thursdays and 1:1 with members on Friday afternoons.

One off Arm Chair travel, entertainment and musical presentations, show and tell, topics of interest etc are also wanted. Please call and book your spot. 98290320

It's true that we don't know what we've got until we lose it, but it's also true that we don't know what we've been missing until it arrives.- anon

Competition corner-

for your chance to win a lunch at JMC- (value-priceless) send in your entry if you can get 100 or more words from "Toorak Uniting Church"

Autumn Riddles answers....

- 1. Why did the skeleton run up the tree?
Because the dog was chasing its bones.
- 2. What makes a tree noisy? It's bark
- 3. Why was the football team given a lighter?
Because they kept losing their matches.

Winter riddles (answers at the bottom)

- 1.) Two mothers and two daughters go shopping. They have \$21, which they split equally between them. How can this be possible?
- 2) There is a boat full of people visible; however, when you look at it, there is not a single person. Why?
- 3) Why couldn't the bicycle stand up on its own?

We value your feedback!
Suggestions and comment forms are available at the centre located on top of the piano. Or you can send a letter to our Chairperson or the Aged Care Complaints Scheme:- 1800 550 552

Winter riddle answers
1) Because there are three women, grandmother, mother and daughter. So they get \$7 each
2) All people are married
3) It was two-tired

.....and the fundraising continues
Please call Katrina for further details
98290320



Donations can now be made by credit card

Donations to the John Macrae Centre can now be made through Share Community Appeal by completing and sending the following:-

Please accept my gift of \$ _____

Please find enclosed my cheque/ money order made payable to SHARE,

Please debit my credit card:

MasterCard Visa Amex

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Expiry date: ___/___

Care holder's

name _____

Card holder's signature _____

Please send my tax-deductable receipt to the following address:

Name _____

Street _____

Suburb _____ State _____ Post Code _____

My gift is earmarked to:

John Macrae Centre

Post your donation to:

Share Community Appeal

PO Box 24154

Melbourne Vic 3001

or you can donate on line

<https://secure.donman.net.au/client/shareappeal/Donate.aspx?InitialArea=2&InitialCampaign=JMCC>

OR Cut here ✂ -----

--I would like to support John Macrae Centre by donating \$.....

Name:.....

Address:.....

.....

Post to: John Macrae Centre,
603 Toorak Road, Toorak Vic 3142, or you could Direct Debit to:

Bendigo Bank Account

BSB-633000 Account 147521801

If you EFT -Please email us with your donation details including you address so that we can send you a receipt.

All donations over \$2 are tax deductible